



Competitive Event Quick Reference Guide

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*Not all HOSA Competitive Events are offered at the State Level

Middle School Events	State Qualification Test	# of Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Teams/ Competitors Per School at SLC
Health Career Exploration	No	1	N/A	No	Unlimited for MS Students
Foundations of Veterinary Science	Yes	2	N/A	No	Top 5 Each Region
Foundations of Medical Terminology	Yes	1	N/A	No	Top 5 Each Region
Math for Health Careers	Yes	1	N/A	No	Top 5 Each Region
Foundations of Medical Reading	Yes	1	N/A	No	Top 5 Each Region
Foundations of Nutrition	Yes	1	N/A	No	Top 5 Each Region
Life Threatening Situations	Yes	1	N/A	No	Top 5 Each Region
Public Health	No	2	2-6	No	2
Extemporaneous Health Poster	No	1	N/A	No	2
Health Career Preparation	No	2	N/A	No	2
Healthy Living	Yes	2	N/A	No	Top 5 Each Region
Foundations of HOSA Bowl	Yes	2	4	No	Top 5 Each Region
Prepared Speaking	No	1	N/A	No	2
Speaking Skills	No	1	N/A	No	2
Dynamic Decisions	Yes	1	2-6	No	Top 5 Each Region
Exploring Medical Innovation	No	1	2-4	No	2
Health Career Display MS	No	2	2	No	2
Health Education MS	No	1	2-4	Yes	2
Barbara James Award	No	1	N/A	No	Unlimited
HOSA Happenings	No	1	N/A	Yes	1 Newsletter
HOSAService Project	No	1	N/A	No	Unlimited



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Health Science Events	State Qualification Test	# of Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Teams/ Competitors Per School at SLC
Behavioral Health	Yes	1	N/A	No	Top 5 Each Region
Cultural Diversity & Health Disparity formerly: Transcultural Health Care-	Yes	1	N/A	No	Top 5 Each Region
Dental Terminology	Yes	1	N/A	No	Top 5 Each Region
Health Informatics	Yes	1	N/A	No	Top 5 Each Region
Human Growth & Development	Yes	1	N/A	No	Top 5 Each Region
Medical Law and Ethics	Yes	1	N/A	No	Top 5 Each Region
Medical Math	Yes	1	N/A	No	Top 5 Each Region
Medical Reading	Yes	1	N/A	No	Top 5 Each Region
Medical Spelling	Yes	2	N/A	No	Top 5 Each Region
Medical Terminology	Yes	1	N/A	No	Top 5 Each Region
Nutrition	Yes	1	N/A	No	Top 5 Each Region
Pathophysiology	Yes	1	N/A	No	Top 5 Each Region
Pharmacology	Yes	1	N/A	No	Top 5 Each Region

Health Professions Events	SQT	Rounds	Competitors per team	Digital Upload Required	Max Teams/ Comp per school at SLC
Biotechnology	Yes	2	N/A	No	Top 5 Each Region
Clinical Lab Science	Yes	2	N/A	No	Top 5 Each Region
Clinical Nursing	Yes	2	N/A	No	Top 5 Each Region
Clinical Specialty	No	1	N/A	Yes	2
Dental Science	Yes	2	N/A	No	Top 5 Each Region



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Family Medicine Physician	No	1	N/A	Yes	2
Home Health Aide	Yes	2	N/A	No	Top 5 Each Region
Medical Assisting	Yes	2	N/A	No	Top 5 Each Region
Nursing Assisting	Yes	2	N/A	No	Top 5 Each Region
Personal Care*	No	1	N/A	No	2
Pharmacy Science-	Yes	2	N/A	No	Top 5 Each Region
Phlebotomy	Yes	2	N/A	No	Top 5 Each Region
Physical Therapy	Yes	2	N/A	No	Top 5 Each Region
Sports Medicine	Yes	2	N/A	No	Top 5 Each Region
Veterinary Science	Yes	2	N/A	No	Top 5 Each Region

Emergency Preparedness Events	State Qualification Test	# of Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Teams/ Competitors Per School at SLC
CERT	Yes	2	2	No	Top 5 Each Region
CPR/First Aid	Yes	2	2	No	Top 5 Each Region
Emergency Medical Technician	Yes	2	2	No	Top 5 Each Region
Epidemiology	Yes	1	N/A	No	Top 5 Each Region
Life Support Skills*	No	1	N/A	No	2
Mental Health Promotion	No	1	2-6	Yes	2
MRC Partnership	No	1	2-6	Yes	2
Public Health	No	2	2-6	No	1



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Leadership Events	State Qualification Test	# of Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Teams/ Competitors Per School at SLC
Extemporaneous Writing- Healthy Policy	No	1	N/A	No	2
Health Career Photography	No	2	N/A	Yes	2
Healthy Living	Yes	2	N/A	No	Top 5 Each Region
Interviewing Skills*	No	1	N/A	Yes	2
Job Seeking Skills	No	1	N/A	Yes	2
Prepared Speaking	No	1	N/A	No	2
Research Poster Presentation	No	2	N/A	Yes	2
Researched Persuasive Writing and Speaking	No	2	N/A	Yes	2
Speaking Skills*	No	1	N/A	No	2

Teamwork Events	State Qualification Test	Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Team/ Competitors per School at SLC
Biomedical Debate	Yes	2	3-4	No	Top 5 Each Region
Community Awareness	No	2	2-6	Yes	2
Creative Problem Solving	Yes	2	2-6	No	Top 5 Each Region
Forensic Science	Yes	2	2	No	Top 5 Each Region
Health Career Display	Yes	2	2	No	Top 10 Each Region
Health Education	No	1	2-6	Yes	1
HOSA Bowl	Yes	2	3-4	No	Top 5 Each Region



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Medical Innovation	No	1	2-4	No	2
Public Service Announcement	Yes	2	2-6	Yes	Top 10 Each Region

Recognition Events	State Qualification Test	# of Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Teams/ Competitors Per School at SLC
Barbara James Award	No	1	N/A	No	Unlimited
HOSA Happenings	No	1	N/A	Yes	1 Newsletter
Outstanding State Leader	No	1	N/A	No	Selected By State Staff
Healthcare Issues Exam	No	1	N/A	No	Unlimited
HOSA ServiceProject	No	1	N/A	No	Unlimited
ATC Tests- recognition only, does not advance to ILC	No	1	N/A	No	2

****Denotes those events open only to students with IEP***

Public Service Announcement and Health Career Display will now have a State Qualification Test. Competitors should study the guideline specifics and event specific topics to prepare for the SQT. Once qualified for SLC, the event guidelines will remain the same for SLC Competition.